

CURRICULUM VITAE

Brian R. Russ, Ph.D., LPC, DCMHS

EDUCATION

Ph.D. Counselor Education and Supervision (CACREP)

Western Michigan University, December 2016

Dissertation: *Counselor Preparation and Adolescent Youth: A Study of Clinical Mental Health Counselors*

M.A. Community Counseling (CACREP)

Indiana Wesleyan University, August 2003

B.A. Psychology

Spring Arbor University, May 2001

Departmental Honors and Honors in the Major

LICENSURE

2003-2008 Limited Licensed Professional Counselor - #6401008789 (Michigan)

2008 - Present Licensed Professional Counselor - # 6401008789 (Michigan)

SPECIALIZATION

Diplomate and Clinical Mental Health Specialist in Child and Adolescent Counseling -
American Mental Health Counselors Association

PROFESSIONAL EXPERIENCES-UNIVERSITY

Fall 2017 **Adjunct Professor – CNS 645 Developmental Issues in Counseling**, Spring Arbor University (CACREP)

Fall 2017 **Adjunct Professor – CNS 641 Group Process and Counseling**, Spring Arbor University (CACREP)

- Spring 2015 **Teaching Intern - CECP 6280 Foundations of Clinical Mental Health Counseling**, Western Michigan University (CACREP), Co-taught with Dr. Carla Adkison-Johnson.
- Fall 2014 **Teaching Intern - CECP 6050 Professional Issues and Ethics**, Western Michigan University (CACREP), Co-taught with Dr. Carla Adkison-Johnson.
- Spring 2013 **Teaching Intern – CECP 6120 Practicum**, Western Michigan University (CACREP), Co-taught with Dr. Janeé Steele.
- 2011-2013 **Doctoral Graduate Assistant, Center for Counseling and Psychological Services**, Western Michigan University (CACREP)
- Provided initial screenings, psychosocial assessments, risk assessments, and referrals for incoming clients.
 - Trained incoming practicum students on the center’s operating procedures. Assisted in the day-to-day management of the training clinic.
 - Doctoral associate on duty to provide operational supervision for practicum courses.
 - Reported to the director of the counseling center.

CONTRIBUTION TO A BOOK CHAPTER

1. Adkison-Johnson, C. (In Press). Clinical mental health counseling. In S. Nassar-McMillian & S. Niles (Eds.), *Professional counseling: Orientation to past, present, and future trends*. Alexandria, VA: The American Counseling Association.

REFEREED PRESENTATIONS AT PROFESSIONAL CONFERENCES

1. **Russ, B. R.** & Baker, B. (April, 2018). *A counselor’s guide to medication assisted treatment for opioid addiction*. Education session at the American Counseling Association Conference, Atlanta, GA.
2. **Russ, B. R.** (October, 2017). *Counselor preparation and adolescent youth: A study of clinical mental health counselors*. Poster session at the Association for Counselor Education and Supervision Conference, Chicago, IL.
3. **Russ, B. R.** (October, 2016). *Counselor preparation and adolescent youth: A study of clinical mental health counselors*. Education session at the North Central Association for Counselor Education and Supervision Conference, Bloomington, MN.

4. **Russ, B. R.** (October, 2014). *Are we preparing our graduates to meet the mental health needs of the adolescent population?* Roundtable discussion at the North Central Association of Counselor Education and Supervision Conference, St. Louis, MO.
5. **Russ, B. R.** & Horsman, T. (2002). *Premarital counseling*. Poster Session at the Indiana Counseling Association Conference, Indianapolis, IN.

MANUSCRIPTS IN PREPARATION

1. **Russ, B. R.** *Counselor preparation and adolescent youth: A study of clinical mental health counselors.*
2. **Russ, B. R.** & Baker, B. *The role of counseling in medication assisted treatment for opioid addiction.*

PROFESSIONAL EXPERIENCES-CLINICAL MENTAL HEALTH COUNSELING

2015-Present **Community Support Services Director, Newaygo County Mental Health,**
White Cloud, MI

- Administrator of the access department, outpatient clinic, medication clinic, emergency services team, and the integrated behavioral healthcare team at a rural community mental health agency.
- Provided individual and group supervision to over 15 master's level clinicians.
- Served as liaison to seven psychiatric providers.
- Developed Medication Assisted Treatment Program for individuals with opioid dependence.
- Developed the award winning MI Way to Thrive collaborative with community partners.

2012-2015 **Assessment Specialist, Newaygo County Mental Health,** White Cloud, MI

- Completed intake assessments for children, adolescents, and adults.
- Administered level-of-care assessments and determined eligibility for CMH services.
- Assessed clients for risk and developed safety plans.
- Formulated DSM diagnoses.

2011-2015 **Outpatient Counselor, Newaygo County Mental Health,** White Cloud, MI

- Provided individual counseling for children, adolescents, and adults.

- 2003-2011 **Homebased Synergy Therapist, Newaygo County Mental Health, White Cloud, MI**
- Provided individual, group, and school-based counseling to adolescents.
 - Facilitated homebased family counseling with the families.
 - Directed experiential-based adventure therapy trips/interventions.
 - Participated in grant writing and program development.

Professional Committees

Regional

2015-Present Mid-State Health Network Utilization Management Committee

2017-Present Mid-State Health Network LOCUS Taskforce

County

2015-Present LiveWell Newaygo County - Health Coalition

2016-Present Newaygo County - Teenage Pregnancy Prevention Workgroup

2017-Present Newaygo County - Mental Health Taskforce

Agency

2016-Present Chair, Trauma Informed System of Care Committee

2016-Present Chair, Professional Development and Competency Committee

2016-Present Quality Improvement Steering Committee

2015-2016 Consumer Care Committee

2003-2011 Risk Management Committee

AWARDS

2016 Spectrum Health Synergy Awards – Creativity Category Award for MI Way to Thrive

PROFESSIONAL AFFILIATIONS

American Counseling Association

Association for Counselor Education and Supervision

American Mental Health Counseling Association

Association for Child and Adolescent Counseling

Chi Sigma Iota