**CURRICULUM VITAE**

**Brian R. Russ, PhD, LHMC, LPC, NCC, DCMHS**

**Indiana University-Purdue University Columbus**

**4601 Central Avenue**

**Columbus, IN 47203**

E-Mail Address: brruss@iu.edu

# EDUCATION

**Ph.D. Counselor Education and Supervision** (CACREP Accredited)

Western Michigan University, December 2016

Dissertation: *Counselor Preparation and Adolescent Youth: A Study of Clinical Mental Health Counselors*

**M.A. Community Counseling** (CACREP Accredited)

Indiana Wesleyan University, August 2003

 **B.A. Psychology**

 Spring Arbor University, May 2001

# LICENSURE

2003 – Present Licensed Professional Counselor - #6401008789 (Michigan)

2019 – Present Licensed Mental Health Counselor - #99094465A (Indiana)

**CREDENTIALS**

Diplomate and Clinical Mental Health Specialist in Child and Adolescent Counseling - American Mental Health Counselors Association

National Certified Counselor – National Board for Certified Counselors

# PEER-REVIEWED PUBLICATIONS

1. **Russ, B. R.** (in press). Counseling in medication-assisted treatment programs for opioid use disorder. In T. J. Buser, R. Cade, & D. Perera (Eds*.), Annual review of addiction and offender counseling: Best practices* (Vol. V). Wipf and Stock Publishers.
2. Tertocha-Ubelhor, T., & **Russ, B. R**. (2021). Counseling adolescents aging out of foster care. *Journal of Counselor Research and Practice, 6*(2), 33-48.
3. **Russ, B. R**. (2019). Mental health counselor preparation to work with adolescents in internship. *Journal of Counselor Practice*, *10*(2), 70-89.
4. Gray, J. S., & **Russ, B. R**. (2019). The ethics of knowing the score: Recommendations for improving boxing’s 10-point must system. *Journal of Ethical Urban Living, 2*(1), 52-62.

# CONTRIBUTION TO A BOOK CHAPTER

1. Voices from the Field in Adkison-Johnson, C. (2018). Clinical mental health counseling. In S. Nassar-McMillian & S. Niles (Eds.), *Orientation to* *Professional counseling: Past, present, and future trends*. Alexandria, VA: The American Counseling Association.

# REFEREED PRESENTATIONS AT PROFESSIONAL CONFERENCES

1. **Russ, B. R**. (April, 2021). *Medication-assisted treatment for opioid use disorder: A primer for counselors* [Education session], 2021 American Counseling Association Virtual Conference Experience.
2. Carr, D. L., & **Russ, B. R.** (October, 2020). A *mental health counseling program’s response to the opioid epidemic* [Education session], 2020 North Central Association of Counselor Education and Supervision Conference, Omaha, NE. (Conference cancelled)
3. **Russ, B. R**. (June, 2020). *An introduction to opioid use disorder and medication-assisted treatment* [Education session], 2020 American Mental Health Counseling Association Annual Conference, Las Vegas, NV.
4. **Russ, B. R**. (April, 2020). *Medication-assisted treatment for opioid use disorder: A primer for counselors* [Education session], 2020 American Counseling Association Conference and Expo, San Diego, CA. (Conference cancelled)
5. **Russ, B. R**. (March, 2019). *Answering the call for the opioid epidemic* [Education session], 2019 American Counseling Association Conference and Expo, New Orleans, LA. https://aca.digitellinc.com/aca/sessions/15813/view
6. Gray, J. S., & **Russ, B. R**. (November, 2018). *The ethics of knowing the score: Recommendations for improving boxing’s 10-point must system* [Paper presented], Ethics and Political, Social, and Legal Annual Conference, Flint, MI.
7. **Russ, B. R**., & Baker, B. (April, 2018). *A counselor’s guide to medication assisted treatment for opioid addiction* [Archived education session], 2018 American Counseling Association Conference and Expo, Atlanta, GA. https://aca.digitellinc.com/aca/sessions/9000/view
8. Baker, B., & **Russ, B. R.** (February, 2018). *Conquering the epidemic: A guide to medication assisted treatment for opioid dependence* [Education session], Community Mental Health Association of Michigan Annual Winter Conference, Kalamazoo, MI.
9. **Russ, B. R**. (October, 2017). *Counselor preparation and adolescent youth: A study of clinical mental health counselors* [Poster session], Association for Counselor Education and Supervision Conference, Chicago, IL.
10. **Russ, B. R**. (October, 2016*). Counselor preparation and adolescent youth: A study of clinical mental health counselors* [Education session], North Central Association for Counselor Education and Supervision Conference, Bloomington, MN.

1. **Russ, B. R**. (October, 2014). *Are we preparing our graduates to meet the mental health needs of the adolescent population?* [Roundtable discussion], North Central Association of Counselor Education and Supervision Conference, St. Louis, MO.

# INVITED PRESENTATIONS

1. **Russ, B. R**. (November, 2020). *Answering the call for the opioid epidemic* [Featured Presentation], 2020 UCF Counseling Symposium: Integrated Care & Opioid Disorder Treatment, Orlando, FL.
2. **Russ, B. R.,** &Selmon, W. (June, 2018). *Resiliency building in communities: Trauma’s role in substance abuse.* [Community Presentation],Headway Substance Abuse Prevention Coalition, Fremont, MI.
3. **Russ, B. R.,** &Selmon, W. (June, 2018). *Resiliency building in communities: A trauma informed approach.* [Community Presentation],Newaygo and Lake County DHHS, White Cloud, MI.
4. **Russ, B. R.,** &Selmon, W. (May, 2018). *Resiliency building in schools: A trauma informed approach.* [Community Presentation],Hesperia Community Schools, Hesperia, MI.
5. Baker, B., & **Russ, B. R.** (February, 2018). *Opioids 2018.* [Community Presentation]*,* Headway Substance Abuse Prevention Coalition, Fremont, MI.

# PROFESSIONAL WEBINARS

1. **Russ, B. R**., & Baker, B. *A counselor’s guide to medication assisted treatment for opioid addiction* [Webinar], American Counseling Association. <https://aca.digitellinc.com/aca/sessions/10848/view>

# GRANTS

**Russ, B. R.** (2021). The Lived Experience of Receiving Medication-Assisted Treatment for Opioid Use Disorder. IU Emergency Equity Fund in Research. Amount: $2,323.52 (Funded).

Carr. D. L. & **Russ, B. R.** (2018-2019) Middle School Family Substance Abuse Group Mini-Grant. East Indiana Area Health Resources Center. Amount: $7,000 (Funded)

**Russ, B. R**., Principal Investigator (2019). South Central Indiana Opioid Workforce Expansion Program (SCI OWEP)to Enhance Field Experience Training and Supervision Infrastructure in an Underserved Rural High-Need Area. Health Resources and Service Agency. Amount: $533,312 (Not funded)

# PROFESSIONAL EXPERIENCES-UNIVERSITY

2018 – Present **Assistant Professor**, Division of Science-Mental Health Counseling, Indiana University-Purdue University of Columbus, Columbus, IN

* + - * PSY-B 380 Abnormal Psychology
			* PSY-G 502 Professional Orientation and Ethics
			* PSY-G 512 Counseling Approaches with Addictions
			* PSY-G 514 Human Growth and Development
			* PSY-G 520 Research in Counseling
			* PSY-G 522 Counseling Theories
			* PSY-G 532 Group Counseling
			* PSY-G 550 Internship in Mental Health Counseling
			* PSY-G 563 Foundations of Mental Health Counseling
			* PSY-G 575 Multicultural Counseling
			* PSY-G 598 Seminar in Professional Issues

Fall 2020 **Adjunct Faculty,** Department of Counselor Education and Counseling Psychology, Western Michigan University, Kalamazoo, MI

* + - * CECP 6210 Psychopathology: Classification and Treatment
			* CECP 6220 Psychoeducational Consultation

Fall 2017 **Adjunct Faculty,** School of Human Services, Spring Arbor University, Spring Arbor, MI

* + - * CNS 645 Developmental Issues in Counseling
			* CNS 641 Group Process and Counseling

2013-2015 **Teaching Intern,** Department of Counselor Education and Counseling Psychology, Western Michigan University, Kalamazoo, MI

* CECP 6280 Foundations of Clinical Mental Health Counseling, Co-taught with Dr. Carla Adkison-Johnson.
* CECP 6050 Professional Issues and Ethics, Co-taught with Dr. Carla Adkison-Johnson.
* CECP 6120 Practicum, Co-taught with Dr. Janeé Steele.

2011-2013 **Doctoral Graduate Assistant,** Center for Counseling and Psychological Services, Western Michigan University, Kalamazoo, MI

* Trained incoming practicum students on the center’s operating procedures. Assisted in the day-to-day management of the training clinic.
* Doctoral associate on duty to provide operational supervision for practicum courses.
* Reported to the director of the counseling center.

# PROFESSIONAL EXPERIENCES-CLINICAL MENTAL HEALTH COUNSELING

2015-2018 **Community Support Services Director, Newaygo County Mental Health,**

White Cloud, MI

* Administrator of the access department, outpatient clinic, medication clinic, emergency services team, and the integrated behavioral healthcare team at a rural community mental health agency.
* Provided individual and group supervision to over 15 master’s level clinicians.
* Developed Medication-Assisted Treatment Program for individuals with opioid use disorder.

2012-2015 **Assessment Specialist, Newaygo County Mental Health,** White Cloud, MI

* Completed intake assessments for children, adolescents, and adults.
* Administered level-of-care assessments and determined eligibility for CMH services.
* Assessed clients for risk and developed safety plans.
* Formulated DSM diagnoses.

2011-2015 **Outpatient Counselor, Newaygo County Mental Health**, White Cloud, MI

* Provided individual counseling for children, adolescents, and adults.

2003-2011 **Homebased Synergy Therapist, Newaygo County Mental Health,** White

Cloud, MI

* Provided individual, group, and school-based counseling to adolescents.
* Facilitated homebased family counseling with the families.
* Directed experiential-based adventure therapy trips/interventions.

**PROFESSIONAL COMMITTEES**

University-IUPUC

2019-present Nominations Committee

Regional

2015-2018 Mid-State Health Network Utilization Management Committee

 2017 Mid-State Health Network LOCUS Taskforce

 County

2019-present Bartholomew County Substance Abuse Council

2018-present Alliance for Substance Abuse Progress in Bartholomew County

2018-present CRH Healthy Communities – Mental Health Action Team

2015-2018 Newaygo County - Vice Chair, LiveWell Health Coalition

2017-2018 Newaygo County - Mental Health Taskforce

2018 Newaygo County - Teenage Pregnancy Prevention Workgroup

Agency-NCMH

2016-2018 Chair, Trauma Informed System of Care Committee

2016-2018 Chair, Professional Development and Competency Committee

2016-2018 Quality Improvement Steering Committee

2015-2016 Consumer Care Committee

2003-2011 Risk Management Committee

**AWARDS**

2020 NCACES Innovative Counselor Education Program Award (Masters)

2016 Spectrum Health Synergy Awards – Creativity Category Award for MI Way to Thrive

# PROFESSIONAL AFFILIATIONS

American Counseling Association

Association for Counselor Education and Supervision

North Central Association for Counselor Education and Supervision

American Mental Health Counseling Association

Association for Child and Adolescent Counseling

Indiana Counseling Association